Dr Stavy NIKITOPOULOU

MD, GP, MSc, LFHom, AcuScience

Qualified General Practitioner/Family Medicine Doctor-Functional Medicine Practitioner



Functional medicine allows us to identify underlying causes of illnesses through science based laboratory testing and screening which in many cases can lead to appropriate treatment that can reverse or halt disease processes. We are here to help you !!!

Dr Stavy NIKITOPOULOU

Dr Nikitopoulou is a General Practitioner/Family Doctor, who practices holistic medicine in the UK and abroad. She has more than 10 years experience as a Holistic doctor. Following Functional Medicine, Homeopathy (MSc) and Medical Acupuncture studies, she enhanced her knowledge in the field of Holistic medicine, and developed expertise in treating patients through a holistic approach. She has got a strong interest in Functional Medicine and she follows the guidelines of the University of Functional Medicine in South Carolina (USA), of which the principles and treatments she applies to her current practice. She has developed a specialist interest to approach and treat diseases as: thyroid disorders, adrenal dysfunction (fatigue), female/male Anti-Aging, autoimmune disorders, digestive complaints, gluten/food sensitivity, female health, infertility.





Daily Availability Upon Request !!!

The Hale Clinic

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