

# Solenn Thuillez

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## Profile:

Current part time post as a community midwife (30 hours), providing antenatal, intrapartum and postnatal care at Saint George's Hospital (Tooting, London). After being graduated in France and having been working there for 10 years, I moved in UK in order to experience their practice, more focus on the physiological birth.

## Work Experience:

- 2015-2019 : **Midwife** at Saint George's Hospital (Tooting, London):  
Experience in providing antenatal, one to one intrapartum and postnatal care. I have rotated in different wards, such as:
- **Labour ward:** in charge of high risk women, supporting them during their labour or inducing their labour: interpretation of fetal monitoring, drugs provision, assisting them for epidurals, management of labour with empathy and kindness, management of their delivery and perineal suture. First care of baby, included resuscitation if needed.
  - **Birth centre:** One to one care, providing good support for women who request having a natural birth, using different technics such as encouraging mobilization, different positionings, massages, the use of hypnobirthing technics, the use of different pain reliefs such as the Entonox, the pethidine injection, encouraging them to use the pool during the labour, supporting them for a waterbirth or any delivery in the room.
  - **Home births:** on call as a second midwife to help the midwife part of the home birth team providing a good care during the labour and assisting her for the delivery.
  - **Community midwife:** providing antenatal and postnatal care: antenatal visits in a community centre, advise and support given during pregnancy, blood tests and injections given when needed, infant feeding and birth plan discussed, postdates assessments. Postnatal visits at home for the first days then at the community centre. Advise and support given within the first 3 weeks following their discharge from the hospital, mother and baby's assessment, breastfeeding support, Guthrie tests done on newborn babies, follow-ups on baby's weight gain...
- 2012 - 2014: **Midwife** with a clinical research qualification (Louis Mourier Hospital, Colombes, 92700):  
**Research** post within the maternity field: involvement in several research trials whilst on placement:
- Implementation and coordination of national multicentre trials within the ward, with team management around the several trials.
  - Interaction with patients: informed consent, inclusion, patient monitoring.

2006- 2014: **Midwife** in Louis Mourier Hospital (University centre, Colombes 92700): a departmental high risk pregnancy centre with a neonatal reanimation unit.

Highly skilled in providing comfort, support and knowledge in medical midwifery care during pregnancy, labour, delivery and post-partum. A range of placements undertaken including:

- Experience in **labour ward**: supported several patients in labour or giving birth: laying infusion, labor support with empathy, support during epidural analgesia, managed labor including teaching and support, decision making, encouragement and help given to move and adopt whatever positions they find most comfortable throughout labor, use of bath during the labor, opportunity to performed local analgesia, experimented in deliveries, perineal sutures. Managed cares of newborn, including first cares of reanimation with intubation. Good cooperation and teamwork with obstetricians and paediatricians.
- Experience in **ante-natal delivery**: antenatal consultations: assessment, prescriptions and advice. Utilizing physical findings, laboratory test results and patient's statements to evaluate condition and ensure that patient's progress is normal.
- Experience in **birth plan consultation**: special consultations to read and discuss about patient birth plan: meet her needs and those of her baby. Good communication between the midwife and the patient required.
- **Conducts classes for groups of patients** to provide information concerning pregnancy, childbirth, and family orientation. Developing pedagogy and group management skills.
- Experience in **high risk pregnancy ward**: visits patients during hospitalization periods with the obstetrician: good cooperation with the obstetrician to ensure the best supported to the pregnant women hospitalized for a pregnancy disease. Able to converse efficiently with patients, families, visitors, healthcare team, physicians and management. Reinsurance and empathy skills.
- Experience in **obstetrical emergency ward**: reception of pregnancy women. Tracking any pathology. Remaining calm and dealing with potentially life threatening emergency situations. Discusses case with obstetrician to assure observation of specified practices.
- Experience in **postpartum ward**: visits patients during hospitalization: examination of her and her baby, provide many advices, counselling for nursing and breast feeding. To ensure the bond between mother and her baby is fine. Psychological support. Advices about the coming back at home with their baby.

Janv- May  
2006:

**Midwife** in Centre Hospitalier de l'Ouest Guyanais, **French Guyana**.

Experience in **delivery rooms** and **postpartum ward**:

- Supported a lot of women without pregnancy consultation: management of a lot of pathologies, in cooperation with the obstetricians (eclampsia, severe preeclampsia, unmanaged diabetes...), due to the lack of consultations.
- Learning about different culture.

Jul 2005-janv  
2006::

**Midwife** Hopital Bichat (Paris, 75018):

Experience in **delivery rooms**, **emergency**, **high pregnancy** and **postpartum wards**.

### Academic Qualifications:

- 2018-2019: **Gynaecology course: University diploma:** medical gynaecology and contraception.
- 2017: **Training** in pelvic floor rehabilitation. Aspaize formation, Paris, France.
- 2013 – 2014: **Masters Public Health**, Paris Sud University:  
biostatistics, clinical research, Epidemiology, medical law, sociology.
- 2009 – 2010: **Director project** for Elise Bresoles for her midwifery diploma:  
Subject: “antenatal administration of antibiotics during premature rupture of membranes at term: two attitudes of service comparison”.
- 2008 – 2009: antenatal classes training : using relaxation and hypnosis concepts.
- 2007 –2008 : **Specialised University Diploma** : Supported of high risk pregnancy : Versailles-Saint Quentin en Yvelines University (78).
- 2006: Mourning and Handicap formation: in Louis Mourier Hospital (92): consist in how to have a good comportment in these situations.
- 2001 – 2005: **Midwifery University:**Hopital Foch, Suresnes (92).

### Additional Employment Experience:

- Jul. 2004: Internship in **Befelatanana maternity (Madagascar):** The delivery suite delivers almost 8,000 babies a year. Public centre. Experience in disadvantaged areas, with different customs and different culture.

Several **Obstetrical or Midwifery congress** participation.

### Languages:

- French: Native Speaker  
English: talking and writing

### Interests:

- Socialising: Having worked and studied very hard to obtain all my professional objectives I believe in finding a balance between work and play. I value my friends and social life thoroughly and am as at home in a party atmosphere as in a hospital.
- Sport: Sport has also given me a way of finding balance, I love competition and enjoy trekking, ski-ing and running (the Paris Marathons in 2013 and 2017 were highlights)
- Travel: Travel has always been an important part of my life an something have been able to do with friends and family, recent travel include; Madagascar, Islander, Peru, Bolivia, Thailand, Nepal, Argentina.

### Referees

- **Professor L. Mandelbrot:** Head of ward: Hopital Louis Mourier, Colombes (92700):  
[Laurent.mandelbrot@lmr.aphp.fr](mailto:Laurent.mandelbrot@lmr.aphp.fr)
- **Pamela Zwain:** manager of my community midwife team, Saint George’s Hospital, Tooting (London) :  
[Pamela.zwain@stgeorges.nhs.uk](mailto:Pamela.zwain@stgeorges.nhs.uk)