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Functional Medicine

TWEET GM #07

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Title

Created

ABOUT ADULTS OR KIDS COMPLIANCE TO FOLLOW RECOMMENDATIONS

I must share with you my thoughts after having received very early this morning a short video from the parents of one of our very young patients.

She is two-year old and she was filmed drinking a big lump of hemp seed oil directly from the bottle. She performed with great enthusiasm; more amazing, she offered a gigantic smile after process had been terminated.

She was of course encouraged by her parents, as you could hear on the recording, but it really looked as an enjoyable experience for her, likely because she was doing something she was asked to do and was pleasing her parents. Reason for this truly medical treatment in her case lies in very dry skin and severe eczema, which this excellent oil can address.

For reasons that I struggle to understand and admit, I face huge issues with many adults when asked to do the same. You know what? They dislike the taste! Absolutely no consideration for my medical goals and paramount importance of lubricating the gut lining to boost intestinal absorption of nutrients! Those adults absolutely want to enjoy everything they put in their mouth: it has to be a pleasure, not just something they should be doing to improve their health. I find that awfully disappointing.